

# Student Series\*

## **Empowering Youth: It's all About You!**

Enhances each student's understanding of the importance of self-advocacy and how it relates to the secondary transition components in their Individualized Education Program (IEP).

## **It's Your IEP...It's Your Life!**

Reviews the transition related components of the IEP to increase the student's understanding of how it is a useful tool for planning for life after high school.

**Taking it to the Next Step, Pulling it all Together!** Enhances the student's ability to understand what happens in an IEP meeting and how to use self-advocacy to promote successful post-secondary transition planning.

*\*Adapted from ME! Lessons for Teaching Self-Awareness and Self-Advocacy, Jeannine Rainbolt College of Education, Univ. of Oklahoma, updated 2015*

These workshops are offered at no cost to NH schools participating in Next Steps NH and can be adapted to 45-75 minutes.

## Additional Materials

- High School is a Big Thing Flyer
- Life after High School Transition Toolkit (Hardcopy and CD)
- Think Different (ELO Brochure)
- Family and Student Engagement in Transition Assessment and Student Led IEP workshop
- Find more at [nextsteps-nh.org](http://nextsteps-nh.org)

## SUCCESS



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### The Parent Information Center

54 Old Suncook Road  
Concord, NH 03301

(800) 947-7005 | 603.224.7005  
[www.picnh.org](http://www.picnh.org)

## FAMILY AND STUDENT ENGAGEMENT RESOURCES FOR NEXT STEPS NH SCHOOLS



# PROFESSIONAL DEVELOPMENT WORKSHOPS

## **Planning for Life after High School**

Reviews the steps and the transition planning components in the IEP as required by IDEA 2004 and the NH Rules. Also included are examples of how parents can be involved with their child, the school and IEP Team in planning for life after high school. *Designed for parents, guardians, and school staff.*

## **Promoting Family–School Partnerships**

Introduces a new framework for designing family engagement initiatives. This framework helps to develop knowledge, confidence and skills that build capacity among educators and families to partner with one another around student success. *Designed for school staff administrators, and parent leaders.*

## **Learning Outside of the Classroom**

Explores the key features of high quality Extended Learning Opportunities (ELOs) and the role of students, families, educators and community partners in developing and implementing ELOs. *Designed for parents, guardians, and staff unfamiliar with ELOs.*

## **Asking the Right Question**

Despite their significance, skills to develop focused questions around important issues are rarely taught. This simple, straightforward, strategy helps all individuals learn how to produce, improve and prioritize their questions, to increase communication and shared decision-making. *Designed for families, students and school staff.*

## **Listening to Your Child’s Voice While Building Independence**

This interactive workshop discusses the importance of listening to your child’s voice when discussing the future, what to consider before your child becomes a legal adult, and how to start building independence during the high school years. *Designed for families and students.*

## **Walking in their Shoes:**

### **Communicating with Families**

Understanding the differences between positions and interests can be key to opening the door to problem solving with families. Learn about family challenges, roles and what the research says is critical to developing professional partnerships with families. *Designed for school staff who work with families during the transition process.*

### **Let’s Agree on a Way Forward: Managing Difficult Conversations**

Even with the best intentions, sometimes IEP Teams must have difficult conversations or may find themselves in conflict. Discover and apply different practices to move forward when these situations arise. This session will expand your ability to convert difficult situations into collaborative solutions. *Designed for families and school staff.*

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*At the end of the day, the most overwhelming key to a child's success is the positive involvement of parents.*

— JANE D. HULL

