

**Central and Southern
New Hampshire
Parent Information and Resource Packet**

•Winter 2013•

**Resources Compiled by
University of New Hampshire
Occupational Therapy Graduate Students**

Mission Statement

This Resource Database was compiled by occupational therapy students from the University of New Hampshire, in collaboration with families in local special education systems, as well as area school districts, faculty and staff. The goal of this database is to provide parents and teachers with an array of locally available resources, in order to support families and students with special needs in all aspects of occupational engagement and performance.

The resources on this database fill many categories that were identified through a needs assessment from parents, teachers and staff, special education personnel, and the school occupational therapist. The database model was chosen so parents and teachers can find resources to utilize, all in one convenient place.

As soon-to-be occupational therapists, we have been trained to look at the person as a whole, focusing on all aspects that may impact a client's ability to interact with his or her environment. We hope that this database will support the needs of families within the central and southern areas of New Hampshire.

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The resources, contact information, and program summaries included in this packet are current as of December 2013. The compiled resources are meant to be used as informational tools and guides for parents and caregivers of students within central and southern New Hampshire. It is important to note that the resources within this packet were researched objectively, and are not endorsed by the University of New Hampshire (with the exception of the included UNH programs)

•Family Supports, Services and Resources•

The Birchtree Center

Free Autism Workshops with free child care available on site
2064 Woodbury Ave, Suite 204,
Newington, NH
To register call (603) 433-4192
www.birchtreecenter.org/workshops

Child and Family Services

Offers an array of services from early supports and services to teen programming.
<http://www.cfsnh.org>

Community Support Network Inc. (CSNI)

Community Support Network, Inc. (CSNI) is a not-for-profit organization that works in support of the 10 Area Agencies throughout the state of New Hampshire that provide services to individuals with developmental disabilities and acquired brain injury and their families.

10 Ferry Street, Suite 401
Concord, NH 03301
Phone: (603) 229-1982
www.csni.org

Crotched Mountain School and Rehabilitation Center

Offers a variety of programs and services to individuals with disabilities including: therapeutic recreation, outpatient services, ABA treatment, aquatics, community programs, and accessible recreation information.

Crotched Mountain Foundation
One Verney Drive
Greenfield, NH 03047
Phone: (603) 547-3311
info@crotchedmountain.org
<http://www.cmf.org>

Families First: Your Community Health Center

Offers playgroups for children, parenting classes and healthcare services.
Community Campus
100 Campus Drive
Portsmouth, NH
<http://www.familiesfirstseacoast.org>

Living Innovations

Living Innovations is an organization that provides individuals with developmental disabilities and their families information regarding in-home support, job skills development and coaching, community connections, shared living options, respite care, school to work transition support and child services.

- Community Connections: Among their many services, Living Innovations offers adults with developmental disabilities the opportunity to participate in their Community Connections group. Group participants engage in a variety of social, recreational, educational, vocational and community service activities within the community.

Greenland, NH: Corporate Headquarters

Phone: (603) 422-7308

Portsmouth, NH: Support Services

Phone: (603) 430-5430

Dover, NH: Homecare Services

Phone: (603) 516-4712

<http://www.livinginnovations.com/index.php>

NH Family Voices

NH Family Voices is a parent run center that provides free resources for families. They offer support groups, a lending library, online training opportunities, and healthcare information. Sign up online under “Membership” to receive their free “Pass It On” newsletter containing information and resources tailored to your family. In addition to the newsletter, there are several publications such as “*Maneuvering Through the Maze - A Family Resource Guide*” which are also available on their website.

129 Pleasant Street

Concord, NH 03301

Phone: (603) 271-4525

www.nhfv.org

NH State Library Family Resource Connection

Free library collection devoted to issues that support families. Such topics include special education, parenting, speech/language, and information around various disabilities.

Family Resource Connection, New Hampshire State Library

20 Park Street

Concord, NH 03301

Phone: 1-800-298-4321

E-mail: FRC@dcn.nh.gov

www.nh.gov/nhsl/frc

Parent Information Center

Provides information about navigating the Special Education System and free classes for parents and advocates.

<http://www.picnh.org>

Statewide Independent Living Council, New Hampshire

Resource newsletters available on a bimonthly basis via online link below.

<http://www.silcnh.org/mod.php?mod=newsletter&PHPSESSID=74710ab29f4c24da0f8a430762e59484>

•Advocacy and Disabilities Rights•

Disabilities Rights Center

The Disabilities Rights Center is New Hampshire's designated protection and advocacy agency and is authorized by federal statute to pursue legal, administrative and other appropriate remedies on behalf of individuals with disabilities. The DRC provides information, referral services, advice, legal representation and advocacy to individuals with disabilities on a wide range of disability related problems. Areas of advocacy include special education, employment, housing, assistive technology, medical and financial assistance, public accommodations, access to voting, access to or discrimination in mental health, developmental disabilities and brain injury services.

18 Low Avenue

Concord, NH 03301

(603) 228-0432

www.drcnh.org

advocacy@drcnh.org

Division for Children Youth and Families (DCYF) District Offices

- **Lynne Tewksbury**, Operations Manager (ext. 468)
Manchester District Office
195 McGregor Street
South Tower, Suite 110
Manchester NH 03102-3762
Phone: (603) 668-2330
(800) 852-7493
- **Jeannine Bonilla**, Operations Manager (ext. 74312)
Seacoast District Office
50 International Drive
Portsmouth NH 03801-2862
Phone: (603) 433-8300
(800) 821-0326

Governor's Commission on Disabilities

The Commission's goal is to remove the barriers, architectural, attitudinal, or programmatic, that prevent individuals with disabilities from participating in mainstream society. Services include resources, educational seminars, advocacy and support services.

57 Regional Drive

Suite #3

Concord, NH 03301

(603)271-6483

www.nh.gov/disability

Learning Disabilities Advocates Guide

How best to engage policymakers and the media on issues affecting the LD community.

<http://www.ldadvocate.org/guide>

•Health and Wellness•

NH Healthy Kids

Information and access to low-cost and free health coverage options for NH's uninsured children and teens.

1 Pillsbury Street, Suite 300

Concord, NH 03301

Phone: (603) 228-2925

800-464-2447

www.nhhealthykids.com

NH Special Medical Services

NH Title V program for children with special healthcare needs; provides resources surrounding care coordination, nutrition, feeding and swallowing, neuromotor clinic, child development clinic.

<http://www.dhhs.nh.gov/dcbcs/bds/sms>

SMS Fact Sheet <http://www.dhhs.nh.gov/dcbcs/bds/sms/documents/smsfact.pdf>

Partners in Health Information <http://www.dhhs.nh.gov/dcbcs/bds/sms/pih>

•Sleep•

Autism Speaks has compiled extensive resources for helping parents establish a sleep routine with their child. Follow the link below to access:

<http://www.autismspeaks.org/family-services/health-and-wellness/sleep>

Download the free Sleep Toolkit Parent Booklet and Tool Kit on the Autism Speaks website:<http://www.autismspeaks.org/science/resources-programs/autism-treatment-network/tools-you-can-use/sleep-tool-kit>

Autism Society: ‘Establishing Positive Sleep Patterns for Children on the Autism Spectrum’ by Marci Wheeler, M.S.W. Follow the link below to read this informative article:

http://support.autism-society.org/site/DocServer/LWA_Sleep.pdf?docID=4184

•Nutrition•

Autism Speaks has created a comprehensive list of resources related to nutrition, wellness, and strategies for picky eaters. Follow the link below for access:

<http://www.autismspeaks.org/family-services/health-and-wellness/nutrition>

•Vision Services•

Merrimack Vision Care

Merrimack Vision Care offers vision services to the entire family. They specialize in treating individuals with special needs. Services include examination for infants as young as 6 months, vision therapy, contact lens for all ages and testing and treatment for individuals recovering from stroke or brain injury.

www.merrimackvision.com

Offices located at:

- 2074 South Willow Street
Manchester, NH 03103
Phone: (603) 644-6100
manchoffice@merrimackvision.com
- 401 Daniel Webster Highway
Merrimack, NH 03054
Phone: (603) 424-0404
contact@merrimackvision.com

New Hampshire Association for the Blind

The NH Association for the Blind is NH's leader in providing vision rehabilitation services for NH residents of all ages who are blind or visually impaired. Their mission is to advance the independence of persons who are blind or visually impaired. Services include orientations and mobility instructions, educational services, adaptive technology services, braille and audio transcription services, workshops and public speakers.

Located at the McGreal Sight Center

25 Walker Street

Concord, NH 03301

Phone: (603) 224-4039

www.sightcenter.org

services@sightcenter.org

Visual Victory Training Center, The Eyeball Coach

Visual Victory Training is dedicated to helping patients who struggle with vision problems that interfere with reading, learning, sports and other activities of daily living. The Visual Victory Center specializes in vision care with individuals who have autism, ADHD, Downs Syndrome, CP and behavioral disorders.

<http://www.visualvictorytraining.com>

Offices located at:

- 150 Griffin Road
Portsmouth, NH 03801
Phone: (603) 766-4548
- 70 South Street
Concord, NH 03301
Phone: (603) 410-4101

•Hearing Services•

New Hampshire Department of Education, Directory of Interpreters/ Transliterators and Communication Access Realtime Translation Providers

This online handbook is a resource guide for interpreter services and other deaf and hard of hearing resources. Contents includes interpreter referral services, contact information for interpreters, interpreter certification requirements, legal requirements for providing communication access and a directory of organizations and agencies that serve deaf and hard of hearing individuals.

www.education.nh.gov/career/vocational/documents/interp_guide.pdf

Northeast Deaf and Hard of Hearing Services

Northeast Deaf and Hard of Hearing Services seeks to empower, educate and advocate for equal access and opportunity for Deaf and Hard of Hearing citizens of New Hampshire. Services include information referral, interpreter/CART referral, service coordination and advocacy, family sign language programs, outreach and community services, employment support, equipment and material loan program, emergency medical interpreting service, deaf parent support group, hard of hearing support group.

57 Regional Drive

Suite #4

Concord, NH 03301

Phone: (603) 224-1850

<https://ndhhs.org>

info@ndhhs.org

•Dentists•

Core Pediatric Dentistry

Dr. Jennifer A. Creem, Pediatric Dentist & Hygienists

Tina, Richard and Dr. Susan Chase, General Dentist

5 Hampton Road

Exeter, NH 03833

Phone: (603) 773-4900

(Accept Medicaid and accepts children up to the age of 17 years)

Dr. Barton McGirl, Dentist & licensed anesthesiologist

30 High Street

Hampton, NH 03842

Phone: (603) 758-6000

www.yoursleepdentist.com

The Kids Dentist

16 Whitehall Road

Rochester, NH 03867

Phone: (603) 330-1990

Lamprey Health Care's School Dental Program

Visits Seacoast elementary schools in the towns of Raymond, Fremont, Epping, Northwood, Nottingham, Candia, Deerfield, and Newmarket. Provides oral and dental hygiene instruction, nutritional counseling, and preventative care management tips for children and teachers. Also offers oral screenings and cleanings, fluoride rinses, and sealant.

Phone: (603) 659-3106

Fax: (603) 659-8003

www.lampreyhealth.org

•Mental Health•

Big Brother Big Sister of the Great Seacoast

Matches children ages 6-18 with mentors in professionally supported one-to-one relationships. Matches come together through community based mentoring, school based mentoring, and mentoring children of prisoners.

909 Islington Street, #4

Portsmouth NH 03801

Phone: (603) 430-1140

www.bbbs.org

Child and Family Services, Family Counseling, and Adolescent Substance Abuse Treatment Programs

Independent non-profit agency dedicated to advancing the well-being of children by providing an array of social services including family counseling and adolescent substance abuse treatment programs.

464 Chestnut Street

Manchester, NH 03105

Phone: (603) 518-4000

Toll Free: (800) 640-6486

www.cfsnh.org

Cocheco Valley Mental Health

Offers services for children ages 3+, adolescents, and families. Also offers neuro/psych evaluations. Accepts Medicare and most private insurances, also accepts Healthy Kids/Medicaid for psych evaluations but not for counseling services.

90 Washington Street

Dover, NH 03820

Phone: (603) 749-0992

Community Partners

Provides mental health services to individuals, children and families in Strafford County.
Accepts most private insurance, Healthy Kids/Medicaid and Medicare.

25 Old Dover Road

Rochester, NH 03867

Phone: (603) 516-9300

Fax: (603) 743-3244

www.communitypartnersnh.org

Greater Nashua Mental Health Center at Community Council

Provides various child and adolescent services.

7 Prospect Street

Nashua, NH 03060

Phone: (603) 889-6146

www.gnmhc.org

Harbor Homes, Inc.

Provides quality residential and supportive services for individuals and their families with mental illness and/or experiencing homelessness.

45 High Street

Nashua, NH 03060

Phone: (603) 882-3616

www.haborhomes.org

The Mental Health Center of Greater Manchester

Provides counseling for children and teens as well as a variety of specialized services tailored to meet their individual needs through two programs: Child and Adolescent Services and Bedford Counseling Associates.

401 Cypress Street

Manchester, NH 03103

Phone: (603) 668-4111

www.mhcgm.org

National Alliance for the Mentally Ill – New Hampshire

A national organization with advocacy, referrals and support group information.

Phone: (800) 242-6264

Riverbend Community Mental Health Inc.

Provides a Children's Intervention Program (ChIP), Child Impact Program, and an ASDs Emotional and Social Enrichment Program (social skills groups for children and support groups for parents) and an Emergency Assessment Program.

5 Market Lane, PO Box 2032

Concord, NH 03302

Phone: (603) 228-1551

www.riverbendcmhc.org

Seacoast Mental Health Adolescent and Family Services Department

Provides clinical services to children up to 18 years of age and their families in their own homes, at SMHC, or in other community settings. Accepts most private insurances, Medicaid, Medicare. Also offers a sliding fee scale for uninsured consumers living in the eastern half of Rockingham County.

www.smhc-nh.org

Office located at:

- 1145 Sagamore Ave.
Portsmouth NH 03801
Phone: (603) 431-6703
- 30 Prospect Ave.
Exeter NH 03833
Phone: (603) 772-2710

West Central Services, Inc.

Provides a wide range of specialized services for individuals of every age who are struggling with emotional, behavioral, or addictive disorders to the lower Grafton and Sullivan Counties.

Provides a full continuum of care, including outpatient, emergency, case management, residential and continuing care services. Alliance with Dartmouth-Hitchcock hospital allows for coordinating hospital-based services.

2 Whipple Place, Suite 202

Lebanon, NH 03766

Phone: (603) 448-0126

www.wcbh.org

•Psychologists, Psychiatrists and Behavior Specialists•

For information and contact information for psychologists, psychiatrists, counselors, and/or behavior specialists in your area, please contact:

Dr. Erin Neely, licensed pediatric psychologist

370 Portsmouth Ave

Greenland, NH 03840

Phone: (603)-531-1177

www.drerinneely.com

erin@drerinneely.com

•Salons•

Salon 27

Salon 27 works with a wide array of clients and welcomes clients who may need extra time and attention when getting their hair cut. If you have specific concerns, feel free to discuss when booking an appointment.

Route 27, Cozy Corners

Raymond, NH 03077

<http://www.salon-27.com/>

•Educational Resources•

Understanding the IEP Team

By law, certain individuals must be involved in writing a child's Individualized Education Program. These are:

- The child's parents
- At least one of the child's special education teachers or providers
- At least one of the child's regular education teachers (if the student is, or may be, participating in the regular education environment)
- A representative of the school system
- An individual who can interpret the evaluation results
- Representatives of any other agencies that may be responsible for paying for or providing transition services (if the student is 16 years or, if appropriate, younger)
- The student, as appropriate
- Other individuals who have knowledge or special expertise about the child
- Note: An IEP team member may fulfill more than one role

Members of Your Child's Education Team

Special Education Teacher

- Special education teachers “instruct students with emotional, physical and learning disabilities. They may work with infants, children and young adults, helping them develop the problem-solving, motor and social skills they will need to complete their education and live independently.” <http://www.bls.gov/ooh/education-training-and-library/special-education-teachers.htm#tab-2>
- Special education teachers typically do the following:
 - Assess students’ knowledge and skills to determine their strengths and needs
 - Adapt, and collaborate with teachers to adapt lessons to meet the needs of special education students
 - Help develop Individualized Education Programs (IEPs), which outline the services and accommodations each student will receive
 - Develop transition plans that outline services to help students as they graduate or move to a new school
 - Ensure that students are receiving the services outlined in their IEP
 - Update IEPs throughout the school year to reflect students’ progress and goals
 - Meet with parents, teachers, counselors, and administrators to discuss students’ progress
 - Work with teacher assistants to ensure that they have the skills and information necessary to work with special education students
 - Ensure that schools comply with requirements of the Individuals with Disabilities Education Act (IDEA)
- Retrieved from: <http://www.bls.gov/ooh/education-training-and-library/special-education-teachers.htm#tab-2>

Learning Specialist

- “A Learning Specialist is an educator who is skilled and experienced in providing learning strategies to students who struggle with learning differences. These educators work one-on-one or in small groups to give students intensive support that meets their individual needs.” <http://learning-specialist.org/about/>
- A Learning Specialist may assist a family in any of the following ways:
 - Conduct observations of the student in his/her work environment to identify problem areas
 - Review previous assessments of a student to formulate a learning plan
 - Identify research-based therapies that will benefit the student’s unique learning differences
 - Use the above therapies to provide remediation to close any gaps that a student may have in his or her reading, writing or math skills
 - Work cooperatively with teachers to help them understand how students learn
 - Guide parents and teachers to resources which may benefit the student
- Retrieved from: <http://learning-specialist.org/about/>

Behavior Specialist

- “Behavioral specialists work with children and teens to change behaviors. Using evidence-based behavioral principles, they focus on helping kids develop new productive behaviors to replace problematic behaviors. Behavioral specialists provide parent coaching to help you manage problem situations more effectively. Areas of expertise often include autism spectrum disorders, ADHD, inattention, and oppositionality.”
- Retrieved from: <http://www.chconline.org/specialists/behavioral-specialists>

Social Worker

- “Social workers are focused on coordinating the efforts of schools, families, and communities toward helping students improve their academic achievement and social, emotional, and behavioral competence by using its unique perspective of viewing the person in his or her environment. School social workers seek to ensure equitable education opportunities; ensure that students are mentally, physically, and emotionally present in the classroom; and promote respect and dignity for all students.”
- Retrieved from: <http://www.naswdc.org/practice/standards/NASWSchoolSocialWorkStandards.pdf>

School Psychologist

- “School psychologists help children and youth succeed academically, socially, behaviorally, and emotionally. They collaborate with educators, parents, and other professionals to create safe, healthy, and supportive learning environments that strengthen connections between home, school, and the community for all students.”
http://www.nasponline.org/about_sp/whatis.aspx
- School Psychologists Work With Students to:
 - Provide counseling, instruction, and mentoring for those struggling with social, emotional, and behavioral problems
 - Increase achievement by assessing barriers to learning and determining the best instructional strategies to improve learning
 - Promote wellness and resilience by reinforcing communication and social skills, problem solving, anger management, self-regulation, self-determination, and optimism
 - Enhance understanding and acceptance of diverse cultures and backgrounds
- School Psychologists Work With Students and Their Families to:
 - Identify and address learning and behavior problems that interfere with school success
 - Evaluate eligibility for special education services (within a multidisciplinary team)
 - Support students' social, emotional, and behavioral health
 - Teach parenting skills and enhance home–school collaboration
 - Make referrals and help coordinate community support services
- Retrieved from: http://www.nasponline.org/about_sp/whatis.aspx

General Education Teacher

- “The regular education teacher knows the curriculum for a child’s grade level and what children in regular education classes are typically expected to do. If the child is going to be educated in the regular education environment for any part of the school day, then the child’s regular education teacher may talk at the IEP meeting about what the child will be taught and expected to learn. This information can contribute directly to making decisions about what types of supplementary aids and services the child may need to be successful in that setting. These supports and services might include:”
 - Adapting the curriculum
 - Providing reading materials written at a lower reading level
 - Using graphics along with written materials
 - Providing the child with a child assistant.
- Retrieved from: <http://nichcy.org/schoolage/iep/team/regulareducator>

Occupational Therapist

- “School-based occupational therapists support academic achievement and social participation by promoting occupation within all school routines, including recess, classroom, and cafeteria time. They help children fulfill their role as students and prepare them for college, career, and community integration. They utilize prevention, promotion, and intervention strategies for mental and physical health and well-being.”
- Retrieved from: <http://www.aota.org/Practice/Children-Youth/School-based.aspx>
- “Occupational therapists use purposeful activity to facilitate a child's active participation in self-maintenance, academic and vocational pursuits, and play or leisure activities that occur in school environments. Using direct and indirect services, as well as assistive technology and environmental modifications, school occupational therapists collaborate with parents, teachers and other educational staff to help implement a child's special education program.”
- Retrieved from: http://sped.dpi.wi.gov/sped_occ_ther

Physical Therapist

- “School physical therapy focuses on a child's ability to move as independently as possible in the school environment. The school physical therapist evaluates the child's ability to move throughout the school and to participate in classroom activities.”
- Retrieved from: http://sped.dpi.wi.gov/sped_phy_ther

Speech and Language pathologist

- “A specialist sometimes called a speech therapist or speech pathologist with a role to assess, diagnose, treat and help prevent speech, language, cognitive-communication, voice, swallowing, fluency and other related disorders.”
- Retrieved from: http://www.speechtherapyct.com/whats_new/THE%20ROLE%20OF%20A%20SPEECH-LANGUAGE%20PATHOLOGIST.pdf

Paraprofessional

- “A special education paraprofessional, sometimes called a teacher’s aide or assistant, can be a real right-hand man (or woman) to the classroom teacher. Generally speaking, the paraprofessional provides support to the teacher and especially to students with disabilities in the classroom who need modified instruction or assistance, as keeping with their Individual Education Plan (IEP).” <http://nichcy.org/schools-administrators/paras>
- Duties generally include:
 - Modifying or adapting instruction for students with disabilities
 - Working with individual students or small groups of students to reinforce learning of material or skills introduced by the teacher
 - Providing one-on-one assistance to students with disabilities
 - Guiding independent study, enrichment work, and remedial work with students as set up and assigned by the teacher
 - Assisting students with self-care tasks (as necessary)
 - Record-keeping.
- Retrieved from: <http://nichcy.org/schools-administrators/paras>

Understanding the Service Plans

IFSP: Individualized Family Service Plan; Birth-3years; early intervention based

- *What is the Difference between the IFSP and the IEP?*
<http://www.pacer.org/parent/php/PHP-c59.pdf>

IEP: Individualized Education Plan; 3-21 (or age of graduation); school system based

- *Guide to the Individualized Education Program*
<http://www2.ed.gov/parents/needs/speced/iepguide/index.html>

504 Plan: 3-21 (or age of graduation); school system based

- *What is the Difference between an IEP and a 504 Plan?*
<http://www.washington.edu/doit/Stem/articles?52>

IPE: Individualized Plan for Employment; vocational rehabilitation based

- IPE Information: http://ocfs.ny.gov/main/cbvh/vocrehab_manual/06_IPE.htm

ISP: Individual Support Plan; developmental service agency-based

- Individual Support Planning example
http://www.dpw.state.pa.us/ucmprd/groups/webcontent/documents/form/s_001649.pdf
- More information: <http://www.mass.gov/eohhs/consumer/disability-services/services-by-type/intellectual-disability/provider-support/developmental-services-individual-support-quickguide.html>

Assistive Technology for Education, LLC

Founder Diana Petschauer provides comprehensive assistive technology evaluations, assessments, consultations, trainings, webinars, hands on workshops, recommendations and on-going maintenance and support to students, families, school districts and other organizations.

Diana Petschauer, Founder

Phone: (603) 998-4980

DP.ATSpecialist@gmail.com

www.assistivetechologyforeducation.com

Bookshare

Bookshare provides an online database of digital print materials for students with documented print disabilities. Bookshare's online database includes digital educational materials as well as digital and audio formats of leisurely reads for all ages.

www.bookshare.org

Boothby Therapy Services

Boothby Therapy Services provides specialized AAC and assistive technology evaluations, consultations and solutions to students with various disabilities in school districts all over New Hampshire at a guaranteed low rate. Services include evaluations and consultations, trainings and workshops, family supports and services, resources, Teachers of the Visually Impaired and IEP planning.

806 North Main Street

Laconia, NH 03246

Phone: (603) 524-9090

www.boothbytherapy.com

EdTech Associates

EdTech Associates provides educational services to NH high schools and students who are dyslexic or have learning disabilities. Services provided by EdTech Associates include program design, trainings and workshops, educational evaluations and consultations.

Kathleen McClaskey, Founder

4 Arrow Lane

Amherst, NH 03031

Phone: (603) 494-0346

www.edtechassociates.com

khm@edtech-associates.com

National Center of Accessible Instructional Materials

The National Center of Accessible Instructional Materials provides educational resources for students with sensory, physical, cognitive, or learning differences and their teachers. Accessible materials can include braille, audio, large print or digital texts.

40 Harvard Mills Square

Wakefield, MA 01880

Phone: (781) 245-2212

www.aim.cast.org

aim@cast.org

SERESC, Southeastern Regional Education Services Center

The SERESC provides vision education and assistive technology services related to low vision and learning disabilities to schools, families and individuals. Services include trainings and evaluations and consultations provided by Teachers of the Visually Impaired, Speech Language Pathologists and other qualified professionals.

29 Commerce Drive

Bedford, NH 03110

Phone: (603) 206-6800

www.seresc.net

The Strafford Learning Center

The Strafford Learning Center offers early childhood development programs and special education services and supports to individuals, families and schools. Services offered include trainings and workshops, occupational therapy, speech therapy and other therapeutic services, behavior consultation, project based learning placements and alternative learning environments for grades 1-9.

317 Main Street

Somersworth, NH 03878

Phone: (603) 692-4411

www.straffordlearningcenter.org

Zebra Crossings

Enrichment programs for children ages 6-12 with a chronic health conditions including asthma, diabetes, heart conditions, epilepsy, seizure disorders, cystic fibrosis juvenile rheumatoid arthritis and more. Programs include day events, family retreats and over-night experiences. Small registration fee to commit to the program that may be waived if needed.

61 Locust Street Suite 317, McConnell Center

Dover, NH 03820

Phone: (603) 312-2052

www.zebra-crossings.org

•Transitioning from High School•

Financial Planning for College

Discusses the financial aspects of college and financial aid different opportunities and concerns for students experiencing disabilities.

<http://money/howstuffworks.com/personal-finance/college-planning/financial-aid/financial-aid-disabled-students.htm>

Granite State Independent Living

Granite State Independent Living is a statewide non-profit organization whose mission is to promote life with independence for people with disabilities. Services include home care for seniors and individuals with disabilities, community based disabilities supports such as transportation and home modification and employment services. Services also include disability services & support, disability rights and advocacy, home access modification, transportation services and student transition services.

- Home page
 - www.gsil.org/home
- Disabilities Supports and Services
 - <http://www.gsil.org/community-based-disability-supports/disability-services-support>
- Job Placement Services
 - <http://www.gsil.org/employment-services/job-placement-services>

Great Bay Community College

Postsecondary education, associate degree, certificate programs; non-credit workforce training programs

320 Corporate Drive

Portsmouth, NH, 03801

Phone: (603) 427-7600

Disability Services: (603) 427-7625

www.greatbay.edu

Life After IEPs: Financial Literacy for Students

Free personal finance tools, games, and curricula for teens and students; free resources for teaching financial literacy; information about the transition process.

<http://lifeafterieps.com/tools-for-teaching-financial-literacy-skills/>

My Next Move

Interactive Career Guide for students

<http://www.mynextmove.org/>

National Secondary Transition Technical Assistance Center

Includes information on Career Exploration, job shadowing, work sampling, service learning, internships, paid employment, mentoring, and related resources. Includes interactive employment questionnaires and secondary goals sheets.

<http://nstattac.org/ytw/wble-examples/families>

NH Department of Education: Secondary Transition and “Indicator 13”

Information on Indicator 13, writing Measurable Postsecondary Goals, Planning Process and Implementation

http://www.education.nh.gov/instruction/special_ed/sec_trans.htm

This document provides a nice overview of the transition process

http://www.education.nh.gov/instruction/special_ed/documents/rev_trans_svc.pdf

New Hampshire Vocational Rehabilitation Services

The mission of the NH Bureau of Vocational Rehabilitation is to assist eligible NH citizens with disabilities to secure suitable employment and financial and personal independence. Services include funding for work related computer access evaluations and services, Disability Determination Services, independent living programs, school transition services and employer support services.

<http://www.education.nh.gov/career/vocational/index.htm>

Pacer Center: Financial Planning

Possibilities: A Financial Resource for Parents of Children with Disabilities

Chapter highlights: *Person-centered transition, Saving for Your Child’s Future Needs, (Special Needs Trust, Individual Development Account) Guardianship, Your Child’s Education, Your Child’s Employment, Your Child’s Home*

<http://www.pacer.org/pandr/proglist.asp>

Practical Money Skills for Life: Teaching Students and Individuals with Special Needs Financial Literacy

Entire section on teaching financial literacy to students with special needs including free teachers’ guides, students activities, and presentations on making decisions, making money, budgeting, shopping wisely, living on your own, banking services, understanding credit, cars and loans, protecting your money, and savings and investing.

https://www.practicalmoneyskills.com/foreducators/lesson_plans/special.php

Project SEARCH at Great Bay Community College

Post Secondary Transitional Program and Vocational Training

Business and Training Center

320 Corporate Drive

Portsmouth, NH 03801

(603) 427-7651

www.greatbay.edu/btc

www.projectsearch.us

START Hospitality Certificate Program at Great Bay Community College

Post Secondary Transitional Program and Vocational Training

Business and Training Center

320 Corporate Drive

Portsmouth, NH 03801

(603) 427-7651

www.greatbay.edu/btc

Transition and Career Development Resources at Keene State College

Information on The Monadnock Center for Successful Transitions (MCST), Information on Indicator 13, Measurable PostSecondary Goals (MPSG), Curricula (for staff, parents, and students) on: Build Partnerships for Career Exploration, Create Approved Work-Based Learning Experiences, Habits of Work curriculum, Curriculum Overview, Learning About Work, Keeping Your Job, Self-Advocacy and the Transition to College, MCST Transition Library Catalog,

<http://transitions.keenecommons.net/print-materials>

Transition Coalition

Trainings and resources surrounding transition process; very rich in information.

<http://www.transitioncoalition.org>

Transition Tips

Discusses what to do before your child's last year in school.

http://kuscholarworks.ku.edu/dspace/bitstream/1808/11036/1/Morningstar_tips%20for%20transition.pdf

Work Incentives Resource Center

New Hampshire's Online Destination for Information about Benefits Planning and Work Incentives for Individuals with Disabilities; includes information on income support, medical insurance, work incentives, employment assistance, tax credits/deductions, special savings program, and transition aged youth in New Hampshire.

<http://nhwirc.org/>

Writing the Transition Plan in the IEP

Discusses how to incorporate the transition process into the IEP.

<http://www.nhspecialed.org/documents/Writing%20the%20Transition%20Plan.pdf>

•Leisure, Sports and Recreation•

ATA Martial Arts of Southern NH

Taekwondo Classes-Special Abilities Program

http://www.martialartsnewhampshire.com/martial_arts_programs/special_abilities.html

Phone: (603) 472-4022

Studios located at:

- 7 A Street
Derry, NH 03038
- 292 Route 101, Suite #5
Bedford, NH 03110

Atlantic Gymnastics

Atlantic Gymnastics offers a Special Needs Program for boys and girls at the Portsmouth location. This program is designed to work on skills related to a child IEP goals, and can potentially be used for as an Adapted Physical Educational Program credit depending on the school. Please refer to website and contact the facility for additional information.

150 Gosling Road

Portsmouth, NH

Phone: (603) 433-0404

Portsmouth@atlanticgym.com

Best Buddies, University of New Hampshire

Best Buddies is an international organization that works to create opportunities for one-to-one friendships, integrated employment and leadership development for people with intellectual and developmental disabilities (IDD). The Best Buddies chapter at UNH focuses on building meaningful one-to-one friendships between UNH students and adults with IDD who are between the ages of eighteen and thirty-five. We hold monthly chapter events, as well as spontaneous bonus events to create unity among our members while working to promote strong one-to-one friendships.

To get in contact with Best Buddies UNH, please email us at bestbuddiesunh@hotmail.com.

Buddy Ball- Roger Allen Baseball

Adaptive baseball team on an adaptive field which they are currently upgrading to best support children with physical and cognitive disabilities.

195 Chestnut Hill Road

Rochester, NH

<http://www.rogerallenbaseball.com/page.php?307>

Chain of Friends

Since 1989, a program called Best Buddies has been bringing together disabled and non-disabled high school students, working on enhancing the lives of people with special challenges by providing opportunities of one-on-one friendships, social integration, and social development. Students at Phillips Exeter have seen the benefits of this program in all of its buddies so they have taken the ideals and values from what they have learned and are now applying these to a younger group in a program called Chain of Friends.

Chain of Friends meets every other Sunday on the Phillips Exeter campus from 3:00-4:30 p.m. (except during academic calendar breaks and exam weeks) and they do activities together with the Best Buddies like crafts, games, projects, and other fun activities.

Laurie Loosigian, Community Service Coordinator

ESSO Office; 203 Phelps Academy Center

Phone: (603) 777-3584

Register online: www.essokids.blogspot.com

Challenger Little Leagues

Adapted Baseball for Boys and Girls

Programs located in: Hampstead, Pelham, Bedford, Manchester Central, Manchester South, Salem, Nashua, Concord, and Portsmouth

Samuel Ranck - Director of the Challenger Division

Phone: (507) 362-1921 ext. 2254

sranck@littleleague.org

www.littleleague.org/divisions/challenger.asp

The Children's Museum of NH

Free visits while the museum is closed to the public for families with children who have special needs.

6 Washington Street

Dover, NH 03820

<http://www.childrens-museum.org/cmnh2010/>

Friends in Action

Their mission is to enhance the lives of people with developmental disabilities by creating inclusive social and recreational opportunities. They offer a number of programs and activities for people ages 15-35. Friends in Action also collaborates with two organizations to bring programs to older folks. Those programs include: Living Innovations which offers programs for ages 21 and up and Best Buddies of UNH which offers a buddy program on the UNH campus to young adults ages 18-35. Programs include:

- Basketball Club (ages 15-35) on Mondays from 2:30-4:00 at Greenleaf Recreation Center
- Bowling (ages 15-35) meets twice a month on the first and third Thursday at Bowl-O-Rama in Portsmouth from 6:00-7:30. The cost including shoes and bowling is \$7.50 per person.
- Cooking Club (ages 21-35) Monthly and the cost is \$5.00 per person
- Dancer-cize (ages 15-35) Mondays from 2:30-4:00 at the Greenleaf Recreation Center
- Friday Night Social (ages 15-35) the second and fourth Friday of the month at the Greenleaf Recreation Center. *Most popular*
- Friday Night at Living Innovations- First Friday of every month at the Living Innovations building, 1950 B Lafayette Road Portsmouth, NH 0380. Contact Walt Wilcox at wwilcox@livinginnovations.com or 603-430-5430 x101 for information and to sign up.
- Movie Night (ages 15-35) meet twice a month on the second and fourth Tuesday at Regal Fox Run Stadium 15 typically around 7:00 p.m.
- Yoga at Living Innovations (ages 21 and up) weekly at Living Innovations 1950 B Lafayette Rd Portsmouth NH 03801. Contact Walt Wilcox at wwilcox@livinginnovations.com or 603-430-5430 x101 for information and to sign up.

To see a detailed list of programs offered, or to sign up, please visit:

<http://www.friendsinactionnh.org>

Any questions please contact:

Heidi Chase, Executive Director

hchase@friendsinactionnh.org

Maine Adaptive Sports and Recreation

Maine Adaptive Sports and Recreation provides over 3,500 lessons in winter and summer sports, all of which are **free of charge**.

- Alpine skiing and snowboarding - Sunday River Ski Resort, Sugarloaf and Saddleback
- Nordic skiing and snowshoeing - Sunday River Outdoor Center and Pineland Farms
- Cycling - Back Cove, Portland
- Golf - Toddy Brook Golf Course, North Yarmouth, Martindale Country Club, Auburn and Bethel Inn Resort, Bethel
- Paddling - Range Ponds State Park, Poland and the Androscoggin River in both Bethel, ME and Errol, NH
- Fly Fishing – Pineland Farms, New Gloucester; Lake fishing on Rangeley Lake; Ocean Fishing in Casco Bay

Phone: (800) 639-7770

<http://www.maineadaptive.org/>

NH Special Olympics

The Manchester New Hampshire division of Special Olympics welcomes athletes 8 years of age or older. For more information regarding specific teams, please contact (603) 315-8927.

<http://www.sonh.org/Manchester/landing.aspx>

- Fall: Bowling, Soccer and Sharks Swimming
- Winter: Swimming, Skiing & Snowboarding and Mustangs Basketball & Mustangs Skills Basketball
- Spring: Track and Field
- Summer: Golf

NH Special Olympics Young Athletes Program

The Young Athletes Program allows athletes younger than the age of 8 the opportunity to participate on Special Olympics teams.

For more information and listing of available teams please contact (603) 624-1250.

Northeast Passage, Adaptive Sports

Northeast Passages certified and licensed recreational specialists use sports and recreation to empower individuals with disabilities to increase their independence and life skills while participating and adaptive sports. Northeast Passage will work with schools and recreational programs to create inclusive physical education classrooms, sports programs, after-school programs and summer programs. In addition, Northeast Passage organizes inclusive sports outings and has a wide variety of adaptive equipment available for use.

4 Library Way, Hewitt Hall

Durham, NH 03824

Phone: (603) 862-0070

<http://nepassage.org>

O'Neil Cinemas at Brickyard Square 12

O'Neil Cinemas offers "sensory friendly" screenings of popular and current films for individuals with sensory needs and their families. All screenings are at 10 am.

For a full schedule of listings and times please visit their website or call the box office.

24 Calef Highway

Epping, NH

Phone: (603) 679-3549

<http://www.oneilcinemas.com/onc-showtimes.php?TheatreID=3>

Open Waters - Alpha One

Open Waters offers an accessible scuba diving program for individuals with disabilities.

Paul Rollins

127 Main Street

South Portland, ME 04106

Phone: (800) 640-7200

prollins@alphaonenow.com

<http://www.alphaonenow.org>

Rinks at Exeter

The Rinks at Exeter offers Learn to Skate Lessons for individuals with special needs. The program is offered in 6 week sessions for \$99.00. Currently, the Special Needs session is being held on Saturday mornings from 10:30-11:10am. Please call or visit the website for additional information.

40 Industrial Drive

Exeter, NH

Phone: (603) 775-7423

<http://www.therinksatexeter.com/>

Seacoast Family YMCA

550 Peeverly Hill Road

Portsmouth NH 03801

Phone: (603) 431-2334

www.seacoastymca.org

United States Power Soccer Association

The Northeast Passage Power Cats' are a power soccer team that plays at the University of New Hampshire in Durham, NH and travels nationally for tournaments and other gatherings. There is no established age range to join a power soccer team, however most individuals who play are over the age of 12.

<http://www.powersoccerusa.org/teams>

YMCA of Downtown Manchester

The YMCA offers adaptive swim lessons for children and adults with special needs.

Director: Laura "Pools" Leary

Phone: (603) 232-8622

lleary@yogm.org

<http://www.yogm.org/index.php?page=downtown-aquatics>

Wildcat Friends

Wildcat Friends is a physical activity and health-mentoring program for young adults with disabilities conducted under the guidance of UNH physical education students. Wildcat Friends grew out of the Friends Project based out of Portsmouth, NH which offers social and recreational opportunities. The UNH program, which is held in New Hampshire Hall meets weekly for one hour. Each session includes cardio-games to keep the body moving, flexibility exercises, strength, and tips for healthy eating. There is a tuition fee for this program.

Michelle Grenier, Ph.D., CAPE

grenier@unh.edu

http://www.chhs.unh.edu/kin_pe/index

Adaptive Ski and Snowboard Programs

Attitash Bear Peak: Attitash Bear Peak hosts the annual Mount Washington Valley adaptive race which attracts participants from all over the region, including members of the U.S. Disabled Olympic Team. Call the adaptive program at (603) 374-2368 (US Route 302, Bartlett, NH) or visit: www.attitash.com/adaptive-ski-program.html

Bretton Woods Mountain Resort: Certified Adaptive Ski Instructors offer children and adults with physical or mental disabilities an opportunity to ski. For more information, call: 603-278-3398 or e-mail: adaptive_program@mountwashingtonresort.com; (Route 302, Bretton Woods, NH); or visit: www.mountwashingtonresort.com/winter_sports/winter_adaptive/alpine

Gunstock: Lakes Region Disabled Sports offers adaptive ski instruction at Gunstock Mountain Resort in Gilford, NH. The program operates seven days a week from late December through March. Reservations are recommended to insure availability of appropriate instructors and equipment to meet your adaptive needs. To schedule a lesson or for more information call (603) 737-4365 or e-mail us at aski@gunstock.com. LRDS is a chapter of Disabled Sports USA.

Loon Mountain: The White Mountain Adaptive Ski School at Loon is now New England Disabled Sports at Loon (also a member of Disabled Sports USA). For reservations or more information, call at (603) 745-6281 ext.5663, or email at wmass@dsusa-ne.org (60 Loon Mountain Road, Lincoln); visit: www.loonmtn.com/

Mount Sunapee: Mount Sunapee is home to one of the oldest programs for skiers with disabilities in New England - the New England Handicapped Sports Association (NEHSA). They offer lessons, racing programs and recreational skiing services for skiers with a wide range of disabilities. Call Tom Kersey at Tel: (603) 763-9158 or e-mail Tom at tom.kersey@nehsa.org or visit: www.nehsa.org/

Waterville Valley: At the Waterville Valley Adaptive Snowsports Program, first-time skiers receive a free learn-to-ski lesson. The Ski Buddy Program pairs able-bodied skiers with students who need assistance getting on a ski lift or just moving about the resort. The Family Program allows family members and friends to learn tethering and guiding techniques. For more information, call 1-800-GO-VALLEY or visit: www.waterville.com/adaptive-sports-

[program.html](#)

Music & Art Therapy

Adaptive Art, Respite & Therapeutic Play Services

Classes, Summer Camps, and Respite Opportunities

A.R.T.S. Camps - 204 Baker Road, North Sutton, NH 03260 603-927-4050

A.R.T.S. Classes - 428 Main Street Village Green New London, NH 603-526-6699

<http://www.artstherapynh.com/>

Cindy@artstherapynh.com

Music Therapy

Ryan Judd, Certified Music Therapist

Adaptive Guitar Teacher, Social Skill Groups, Individual and Group Therapy Sessions, and Workshops for Parents and Professionals

16 Oak Street, Exeter, NH

Phone: (603) 793-1941

ryan@therhythmtree.com

www.TheRhythmTree.com

Summer Camps

Camp Allen

Bedford, NH

Camp Allen is an overnight camp that provides opportunities for growth, friendship, and fun for children and adults with cognitive and/or physical challenges. During their session at Camp Allen, campers enjoy the outdoors, make new friends, swim, play games, make arts and crafts and enjoy traditional camp sing-a-longs. Counselors provide their campers with a lot of attention, support, and encouragement. All campers benefit from a 1:2 counselor to camper ratio, with a 1:1 ratio available to campers who may need more extensive attention. Other opportunities for campers include vocational training programs: Peer Work (a program for young adults with disabilities transitioning from school to work) and Shoot for the Moon (a program for youth at risk of dropping out of school, in partnership with NH Jobs for America's Graduates at Manchester West High School).

For more information or registration information please contact the Camp Allen office:

Phone: (603) 622-8471

<http://www.campallennh.org/index.shtml>

Camp Connect

Manchester, NH and Somersworth, NH Day Camps

Social Skills Day Camp for children experiencing Autism Spectrum Disorders. This camp utilizes the ALERT Program/ How Does Your Engine Run as well as “Social Thinking” by Michelle Garcia Winters. The interdisciplinary team of special educators, occupational therapists, speech therapists, and college students focuses on best supporting the children’s sensory needs while helping them learn and practice different social skills. Fieldtrips which coincide to the week’s theme are held at the end of every week, providing children with an opportunity to practice social skills in the community context. Friendship building is also a huge component of this camp, with many children leaving with new friends. This program is five weeks long and campers are required to attend for all five weeks.

http://nh.easterseals.com/site/DocServer/Campconnect_brochure_2013_somersworth.pdf?docID=164334

Camp Fatima

Gilmanon Iron Works, NH

Camp Fatima offers a one week camping experience for children ages 9 years and older with mild to moderate cognitive disabilities. The daily program of Camp Fatima allows campers to engage in outdoor activities, make new friends, develop new skills, and build confidence. The 4:1 camper to counselor ratio ensures all campers will have a safe and fun session. In order to be eligible for registration, campers must be able to: dress, toilet, feed and provide personal self-care with minimal supervision, walk unassisted, and have the ability to communicate personal needs to staff.

For more information or registration information please contact Michael Drumm:

Phone: (603) 364-5851

<http://www.campsfatimabernadette.org/contactus.php>

Camp Sno Mo of New Hampshire Easter Seals

Gilmanon Iron Works, NH

At Camp Sno Mo, children and young adults with disabilities and special needs, ages 11-21, can inclusively participate alongside Boy Scouts in a wide variety of activities including water sports, team sports, hiking, archery, a ropes course and crafts. Sponsored by Easter Seals of New Hampshire and the Boy Scouts of America, the residential camp features highly trained medical staff and handicap accessible lodging. The diverse and enthusiastic camp staff are first aid certified as well as trained in therapeutic crisis intervention in order to ensure all campers have a fun, safe and meaningful summer experience.

For more information or registration information please contact Rob Kelly:

Phone: (603)206-6733

rkelly@eastersealsnh.org

http://nh.easterseals.com/site/PageServer?pagename=NHDR_camp_snomo

Camp Starfish

Rindge, NH

Camp Starfish offers a variety of day and overnight camp opportunities for individuals with disabilities and their families. Camp Starfish is founded upon the belief that campers should be celebrated for who they are and provided the space and support to develop new skills and self-esteem.

- Day Camp: Ages 5-12, 1:2 camper to counselor ratio
- Overnight Camp: Ages 7-17, 1:1 camper to counselor ratio
- Older Campers Program: Ages 14+
- Transitions Program: Age 15+, continued personal development and skill and vocational training
- Camp Havvago: In collaboration with the Autism Resource Center of Central Massachusetts, a 5-day “try it” camp experience for children with Autism Spectrum Disorder.
- Family Camp

For more information or registration information please contact the camp office:

Phone: (603) 899-9590

<http://www.campstarfish.org>

Camp Waban

Sanford, ME

Camp Waban is a fully accessible summer camp for children and adults. The camp is designed with a focus on teambuilding, recreation and environmental education (TREE). Day services, overnight camps and special event programs are offered on their lake front property. Guests can participate in swimming, kayaking, paddle boats, camp fires with the option of sleeping overnight in fully accessible cabins. Please refer to the website for brochures and additional camp information.

Phone: (207) 324-7955

<http://www.waban.org/camp-waban-sanford-maine.aspx#SummerCamp>

Windsor Mountain International Summer Camp ASL Program

Windsor, NH

The Windsor Mountain International Summer Camp ASL Program celebrates camper diversity by providing both hearing and hearing impaired campers the opportunity to engage in traditional camp activities together. Camp staff are instrumental in helping create a respectful, safe and fun community for all campers to enjoy. Campers enjoy life in the camp dormitories and participate in dance and theater productions, soccer tournaments, tennis lessons, rock climbing trips and much more!

For more information or for registration information please contact the camp office:

Phone: (603) 478- 3166

<http://www.windsormountain.org>

State Park Accessibility

New England Waterfalls Accessible Trails

New England Waterfalls Accessible Trails offers an online database of accessible hiking and walking trails located throughout New Hampshire, that lead to picturesque waterfalls and other scenic views.

www.newenglandwaterfalls.com

www.newenglandwaterfalls.com/accessible.php

New Hampshire State Parks Accessibility Information

Accessibility information for each of New Hampshire's State Parks.

<http://www.nh.gov/disability/information/community/documents/stateparkaccessibility.pdf>

Hippotherapy and Therapeutic Horseback Riding

Hippotherapy: Occupational, Physical, or Speech Therapy provided using the horse as an intervention surface. Hippotherapy monopolizes on the benefits of the horse's gait as the gait mimics the motion on the human pelvis that occurs during walking. Socialization, core strength and control, motor planning, problem solving, sequencing, fine and gross motor skills and attention are some of the many areas this type of intervention addresses.

Therapeutic Riding: Certified therapeutic riding instructors teach individuals with disabilities how to ride horses. There are many benefits to therapeutic riding that go beyond horsemanship development, and include social and emotional benefits.

Magical Connections Hippotherapy and Therapeutic Riding Program

Halona Stables, Deerfield NH

Sherry Paplaskas- Easter Seals of Dover: The Family Place Office Manager

Phone: (603) 740-3534

spaplaskas@eastersealsnh.org

Mystical Stables Hippotherapy/ Riding Program

9 Kristopher Lane

Raymond, NH 03077

Phone: (603) 472-3144

<http://nhhorsetalk.com/>

•Assistive Technology•

Note

Before purchasing any piece of assistive technology it is recommended that you receive an individual evaluation from a qualified professional. Many assistive technology devices are made to fit a particular person, and if used incorrectly, can potentially cause harm.

Assistive Technology Exchange in New England

The exchange is a free 'classified ad' type of resource designed to help people find, buy, sell or give used assistive equipment. Categories of devices listed on the assistive technology exchange in New England are vision, hearing, speech, communication, learning, mobility and positioning, daily living, environmental adaptations, transportation and computer related technologies.

Phone: (603) 862-4320

www.getatstuff.com

ATinNH, UNH Institute on Disability

AT in NH is an assistive technology program run by the Institute on Disability of the University of New Hampshire. Staff from UNH including educators, Occupational Therapists, Speech Language Pathologist and Assistive Technology Professionals provide training and workshops on various assistive technologies, including the iPad. AT in NH also has their own YouTube channel that includes numerous step by step guides on creating your own low tech versions of assistive technology.

West Edge Road, Suite 101

Durham, NH 03824

Phone: (603) 862-4320

www.iod.unh.edu

www.atinNH.org

www.youtube.com/atinnh

Community Caregivers of Greater Derry, Loaners Closet

Used and new durable medical equipment for loan, at no charge, is available to the general public. Individuals need to make arrangements to pick up the items and return them clean as soon as they are finished using them. Clean and gently used equipment accepted.

Hours of operation: Monday through Friday 9am-3pm (Extended hours available upon request.)

Donna Kluk, Loaner's Closet Coordinator

Phone: (603) 432-0877

Fax: (603) 432-7041

donna@comcaregivers.org

http://comcaregivers.org/?page_id=29

Computer Technology Assistance Corps

CTAC turns surplus computer equipment, donated by individuals and businesses, into reliable fully licensed machines for low income community members, non-profit organizations and private schools across New Hampshire. CTAC will set-up and install everything from single family units to entire networks.

711 South Mast Road

Goffstown, NH

Phone: (603) 218-3078

www.ctac-nh.org

info@ctac-nh.org

Crotched Mountain ATECH Services

ATECH Services is a branch of Crotched Mountain Rehabilitation that specializes in serving the assistive technology needs of individuals with physical and cognitive disabilities. ATECH provides in-depth evaluations, consultations and trainings in areas of assistive technology, including seating and wheeled mobility, alternative positioning, computer access for work, education, leisure and life skills, AAC and communication, home access and worksite modifications.

ATECH Staff include:

- Occupational Therapists
- Physical Therapist
- Speech Language Pathologist
- Technology Integrators
- Refurbished Equipment Marketplace
- Ready, Set, Connect Applied Behavior Analysis program for children with Autism
- Teacher of the Deaf and Hard of Hearing
- Teacher of the Blind and Visually Impaired

57 Regional Drive

Concord NH 03301

Phone: (603) 226-2900

www.atechservices.org

The Refurbished Equipment Marketplace

The Refurbished Equipment Marketplace, a branch of Crotched Mt. ATECH Services accepts donations of gently used assistive technology equipment and refurbishes the items for resale at an affordable rate. REM refurbishes and sells a variety of durable medical equipment including wheelchairs, transfer aids, hospital beds and alternative positioning equipment.

REM's showroom is located at ATECH Services

57 Regional Drive

Concord NH 03301

Phone: (603) 226-2900

<http://www.rem.crotchedmountain.org>

To purchase equipment: www.shoprem.com

To donate equipment: www.rem.crotchedmountain.org/DONATION_p_17.html

•Software Programs and iPad/ Android Apps•

Listed below are general websites that list various apps, or lists of apps that others have found helpful. Each is its own database that was put together to address a particular need identified by the authors. In addition to the “app finder” apps listed below, search engines such as Google and Bing can also be used to find apps that meet a particular need.

NOTE

There are many different software programs and apps available to address a wide variety of needs. To find an app or software program best suited to your needs, it is best to get an assistive technology evaluation or consultation from an accredited therapist who specializes in educational apps and software programs.

Apple App Finder

The following link is to download an “app finder” app that allows you to search by name or topic for particular apps. This app is for Apple devices.

<https://itunes.apple.com/us/app/hot-app-finder/id418124037?mt=8>

Android App Finder

The following link is to download an “app finder” app on an Android device.

<http://smartappfinder.com>

App Finder Website

Below is a link to a website that allows you to search by topic for apps. This website is updated regularly with the latest and most popular Apple apps.

<http://www.easyappfinder.com>

UNH IOD Apps and iPad Tutorials

A collection of apps and iPad tutorials written by UNH Professor of Assistive Technology, Therese Willkomm, ATP.

<http://iod.unh.edu/PriorityAreas/assistivetechology/resources/iPadApplicationsAccessoriesandModifications.aspx>

Teach With Your iPad Apps List

Collection of apps to address a number of needs including handwriting, math skills, creativity and more.

<http://teachwithyouripad.wikispaces.com/iPad+Apps>

Best Educational Apps List

Best Education Apps is website that is updated regularly with the latest fun and education apps on the market. Apps lists include iPad, Iphone and Android Devices.

<http://www.besteducationalapps.com>

Discovery Software Review

The following Discovery Education link lists and reviews a number of today's most popular educational software programs.

<http://school.discoveryeducation.com/parents/reviewcorner/software>

•Social Story Databases•

Social stories can be used to teach children new skills and reinforce desired behaviors. Social stories should be kept positive and let a child know what they can do!

1. The Watson Institute:

- To locate this website, go to google and insert into the search box “Watson Institute Social Stories” then select the first option. Here you will find a variety of different social stories. You can download these stories by clicking on them and they will download into a Word document. The stories can be tailored to suit the needs of you and your child! <http://www.thewatsoninstitute.org/teacher-resources2.jsp?pageId=2161392240601226415747290>

2. Speaking of Speech:

- This website offers links to social stories and various techniques for teaching social skills. http://www.speakingofspeech.com/Social_Skills_Pragmatics.html

3. Tor Elementary School database for social stories:

- This database provides social stories focused on appropriate school behaviors as well as holiday seasons. <http://www.ccsd.edu/LittleTor.cfm?subpage=5804>

4. Kids Can Dream database for social stories:

- This website offers social stories directed towards personal hygiene and other related topics. <http://kidscandream.webs.com/page12.htm>

5. Autism Wandering Awareness Alerts Response Education (AWAARE):

- This website offers social stories for children who frequently run or wander away. <http://www.awaare.org/socialstories.htm>

•Transportation Services•

Ride-Away

Ride-Away is one of America's largest providers for wheelchair vans, vehicle modifications and adaptive driving equipment including hand controls, wheelchair and scooter lifts, ramps, raised doors, lowered floors and specialized break, gas and steering controls. Ride-Away provides accessible vans for rent and for sale nationwide.

Ron Hoy, NH General Manager

54 Wentworth Avenue

Londonderry, NH 03053

Phone: (603) 965-7243

www.ride-away.com

Safeway Training and Transportation

George Korn (Owner)

Phone: (603) 382-0600

62 Newton Junction Road

Kingston, NH 03848

Contact for specific pricing details

Seacoast Chair Car Service

Transportation service for people in wheelchairs. Pick up/drop offs at client's private residence. Need to book transportation appointment a couple business days in advance.

467 Lafayette Road

Hampton, NH 03842

Phone: (603) 926-5801

95% of medical, therapy, and dental appointments covered by Medicaid

\$60 round trip + \$3.00/mile client is in the van

Trilogy Wheelchair Transport

39 Brown Ave.

Manchester, NH 03101

Phone: (603) 656-9715

\$35.00 before 5:00pm + \$3.50 per mile + \$20 per ½ hr. wait time drop off/pick up

\$45.00 after 5:00pm + \$3.50 per mile + \$20 per ½ hr. wait time drop off/pick up